SPORTS DAY REPORT



INTRODUCTION

The college organized a two-day Indoor and Outdoor Sports Day event for student teachers on February 9th and 10th, 2024. It proved to be an exhilarating and unforgettable occasion, fostering a sense of unity and sportsmanship among participants. With a vibrant ambiance and a spirit of healthy competition, the event featured a diverse range of thrilling activities and contests.



NOTICE



Rizvi Education Society's RIZVI COLLEGE OF EDUCATION Khar (West), Mumbai-400052

23rd January, 2024

NOTICE

The college has organized a two day Indoor & Outdoor Sports day event for student teachers of the academic year 2023-2024.

- Day 1 Indoor sports will be in the college premises
- Day 2 Outdoor sports will be at Juhu Beach, Near Pagli Showroom Lane, Maneckji Cooper Bus Stop, Juhu Tara Road, Santacruz West, Mumbai 400054 at <u>7a.m.</u> to <u>11a.m.</u>

Student teachers will be placed into 4 houses (teams) as listed below. Participation will be in the form of a team or individuals representing their house. Performances will be marked in the form of points. The House with maximum points will be awarded the "RCoEd Championship Trophy".

Student teachers must wear sports attire according to their house colour. <u>Please</u> note that all students have to be present at the venue sharp at 7:00 a.m. on the Outdoor sports day. Attendance is mandatory.

Day 1 games (Indoor): 09/2/2024	4 Day 2 games (Outdoor): 10/2/2024	
Time: 11a.m to 3p.m.	Time:7a.m. to 11a.m.	
Venue: College Premises	Venue: Juhu Beach	
Carrom . Skipping Chess Sudoku Hula Hoop Dart Kick Ball	50 meters Race 100 meters Race Lemon & Spoon race 50mx4 Relay Race Short Put 3 Legged Race Potato Race Tug-Of-War	
I/Grincipal	Staff In-Charge	
Dr. Spoty Karthik	Dr. Gyanprakash Ary	

HOUSE WISE DISTRIBUTION OF **STUDENT TEACHERS**

	RIZVI COLLEO Khar (West), House wise distrib	cation Society's GE OF EDUCATIO , Mumbai-400052 ution of Student-Tea c Year 2023-2024		
	SYBEd. (Ba	atch 2022-2024)		
Red House	Blue House	Yellow House	Green House	
Hudsa	Masira	Anita	Falak	
Tania	Sonali	Althiya	Sanu	
Dania	Masoome	Sakshi J	Joya	
Ayesha	Nausheen	Snehal	Shifa	
Fatima	Shamim	Arzina	Sufiya	
Andrea	Mubashira	Kavita	San	
Muskan K	Afsha	Poonam	Mahrukh	
Shraddha S	Umera	Shraddha G	Nafisha	
Sakshi S	Muskan M	Shivani	Hanadi	
Alfiya	Afiya	Bushra	Afrin	
Arshita	Zainab	Neha	Zeba	
Ladli	Atika	Althiya	Madiha	
		atab 2022 2025)		
Red House	FYBEd. (Ba	Atch 2023-2025) Yellow House	Green House	
Sarah	Akanksha	Adiba	Rukhsar	
64. C		1		
Namira	Tany	Samreen	Misba	
Ayesha	Siddhi	Samiksha	Saba	
Zarqa	Mehvish	Muskan	Neha	
Samira	Sadiya		Meenaz	

I/C Prinerpal Dr. Spoty Karthik

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Staff In-Charge Dr. Gyanprakash Arya

EVENT HGHUGHT

INDOOR GAMES

9th February 2024

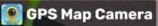


Figure 1 assembly

The sports day kicked off with a college prayer, followed by the national anthem. Subsequently, students in F.Y. B.Ed and S.Y. B.Ed were instructed to arrange themselves according to their respective house colors, which included red, green, blue, and yellow. Each student was required to participate in at least two games and provide their names to their house captain, indicating their preferred games. Following this, the Carrom, Sudoku, and Chess matches commenced simultaneously, with students divided into two groups for each game, and two rounds were played for each activity. Additional instructions were provided for other games, such as Sudoku, Chess, Hula Hoop, Skipping, and Kickball, which were played in various classrooms and areas across the college campus.







Mumbai, Maharashtra, India Chintamani Nivas, Pyari Nagar, Foman Nagar, Koliwada, Khar Danda, Mumbai, Maharashtra 400052, India Lat 19.07568° Long 72.824463° 09/02/24 04:00 PM GMT +05:30

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Later, after a short break the other three games began which were Skipping, Hula Hoop and Kick ball, which included two rounds. The games were played in the college premises.

As the student teachers eagerly anticipated the outdoor games to follow, they carried with them the memories of a memorable day filled with sportsmanship, teamwork, and unforgettable experiences.



Figure 3 HULA HOOP



Mumbai, Maharashtra, India

Rizvi Educational Complex, , Khar Danda, 3RGF+4H9, Govind Patil Rd, Pya Nagar, Foman Nagar, Koliwada, Khar Danda, Mumbai, Maharashtra 40005 Lat 19.075212°

GPS Map

Long 72.824074° 09/02/24 01:59 PM GMT +05:30

Figure 2 SKIPPING

DAY 2 (OUTDOOR SPORTS)

The second day of outdoor sports commenced with anticipation and a lively ambiance as participants gathered at Juhu Beach on February 10th, 2024. The event began with a warm-up session followed by a series of exciting games. Among the eight games featured were the 50-meter race, the 100-meter race, a three-meter race, the lemon and spoon race, a 50-meter x 4 relay race, shot put, a three-legged race, the potato race, and tug-of-war. The festivities kicked off with the exhilarating potato race, setting the tone for a day filled with enjoyment and friendly competition. Following this, participants engaged in the 50mx4 Relay Race, characterized by the thrilling exchange of a baton between teammates. Subsequent events included the Lemon and Spoon race, various sprint races, and the shot put competition. After a brief intermission, the games resumed with the entertaining three-legged race, challenging pairs of participants to synchronize their movements. Finally, the event culminated in the intense Tug-Of-War competition, spanning two rounds to determine the ultimate victor.

As the day concluded, the results were announced, with the Green House emerging victorious, followed by the Blue House in second place, the Yellow House in third, and the Red House in fourth, marking the culmination of an exhilarating and memorable sports day.



Figure 4 RELAY RACE





Figure 6 LEMON AND SPOON RACE

CONCUSION

As the day came to a close on yet another exhilarating Sports Day, participants reveled in a sense of fulfillment and pride for their collective achievements. Beyond the gleaming trophies and medals, the true essence of the day resided in the enduring friendships forged, invaluable lessons gleaned, and the bonds strengthened through a shared passion for athletics.

With each thrilling competition and spirited exchange, individuals discovered new depths of camaraderie and sportsmanship, solidifying their connections both on and off the field.

Participants carry with them not only the tangible mementos of victory but also the intangible treasures of camaraderie and personal growth. The memories and experiences accumulated on this unforgettable day will serve as guiding beacons, inspiring them to strive for excellence and unity in all their future endeavors.



I ST PLACE GREEN HOUSE







Rizvi Education Society's RIZVI COLLEGE OF EDUCATION

ANNUAL SPORTS EVENTS - FEBRUARY, 2024

Games	Red House	Blue House	Yellow House	Green House
Carrom	Tania(S)-10	Afiya(S)-5	Samreen(F)-15	-
Skipping	Sameera(F)-5	-	-	Saba(S)-15 Mahrukh(S)-10
Chess	-	Mubashira(S)-5	Althiya(S)-15 Samreen(S)-10	-
Sudoku	-	Muskan(S)-10	Arzina(S)-5	Mahrukh(S)-15
Hula Hoop	-	-	Snehal(S)-15	-
Kick ball	Dania(S)-10	Afiya(S)-15 Siddhi(F)-5	-	-
Lawn Tennis	Huda(S)-5			Saba(S)-15 Misbah(F)-10
Games	Red House	Blue House	Yellow House	Green House
Short Put	-	Afiya(S)-15	Althiya(S)-10	Mahrukh(S)-5
50 meters Race	-	Sonali(S)-10	-	Misbah(F)-15 Sanu(S)-5
100 meters Race	-	Sonali(S)-10 Muskan M(S)-5	-	Misbah(F)-15
Lemon & Spoon race	-	-	Snehal(S)-10 Arzina(S)-5	Zoya(S)-15
3-Legged Race	Huda(S) - SakshiS(S) -5	-	-	Shifa(S)-Sufiya(S) -15 Zoya(S)-Sanu(S) -10
Potato Race	-	-	Anita(S)-5	Sanu(S)-15 Misbah(F)-10
50m x 4 Relay Race	Huda(S- Tania(S)- MuskanK(F)- Sakshi(S) - 5	Sonali(S)- Masira(S)- Afiya(S) - MuskanM(S)- 15	-	Zoya(S)-Saba(F)- Sanu(S)-Misbah(F) - 10
Tug-Of- War	-	15	10	5

Total	40	110	100	185
Rank	Red House	III - Blue House	II -Yellow House	I - Green House
Best players	Point	Name		House
First	50	Misbah (FY)		Green House
Second	35	Afiya (SY)		Blue House